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BREAST BAND INSTRUCTIONS



The breast band is typically worn immediately after the surgery for a period of time that may range from a week to a few weeks, depending on the doctor's instructions. During the initial period of post-op, wear this band constantly (even while sleeping) and only remove it when you need to shower. **The breast band is worn above the top of the implant.** Remember, your implants will ride high on your chest initially, and the breast band (accompanied by massage later on) will help the implant move down into place by using pressure. The breast band can be worn alone or with a support bra. Many patients prefer wearing a breast band with a support bra on top of it. It is recommended to wear loose-fitting clothing over the band.

Phone Numbers:

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